

## AUTOBIOGRAPHY

Please write an autobiography of yourself. Please tell your story in chronological sequence and include the following:

- Birth family history – parents, siblings, extended family members
- Childhood – note positive and negative experiences during your youth. Please detail any history of abuse, neglect, or other negative family circumstances.
- Young adult history – leaving home, college experiences, work history
- Marriage or other significant adult relationships
- Children or other significant relationships with children.
- Health Issues
- Obstacles you had to overcome
- Achievements or honors
- Education/Employment History
- Current situation – employment, family, finances, hobbies, interests

You may handwrite or type your story. Please be as thorough as possible in detailing your life experiences.